

ACTIVITY 4: WHAT WOULD YOU RATHER?

Overview of the activity

This fun and energizing exercise has participants practice self-reflection, connect with others and use intuition when choosing between different things.

Objectives

- Warm up
- Get to know each other
- Reflect on what matters to me

Duration (in minutes)

15 minutes

Min/max number of participants

- Recommended: 10 – 12
- Minimum: 6
- Maximum: 18

Room/space requirements

Enough place for walking in a room

Minimum knowledge requirements of participants**Materials needed**

This is a verbal activity, so it helps if participants have a common language and they possess the vocabulary needed.

None required

Preparation

1. Prepare a list of questions tailor-made to the group.

Examples:

Would you rather ...

- *Be the funniest person alive or the smartest person alive?*
- *Read minds or be invisible?*
- *Be the worst player on a team that always wins or the best player on a team that always loses?*
- *Be a bird or a horse?*
- *Be able to live 100 years in the past or 100 years in the future?*
- *Have a pause or a rewind button for your life?*
- *Be friends with Mahatma Gandhi or Queen Elisabeth?*
- *Have breakfast at the Eiffel Tower or dinner at the Louvre?*
- *Have 5 brothers or 5 sisters?*
- *Be at home at Christmas Eve or on a Caribbean island?*
- *Always eat baguettes or hamburgers?*

Instructions

1. Choose a partner.
2. Listen to the question: Would you rather...? Decide which option you would choose but don't share this with your partner yet.
3. When you are both ready, try to guess what the other person would choose.
4. If you guess correctly, you score a point.
5. Next round: choose a new partner and repeat the process.

Evaluation

Ask the participants: *Who got the most points?* Open up a discussion about how participants felt or what they discovered during the exercise.

Teaching tips, stories and experiences during piloting

If you want to deepen the debrief you can use questions that refer to values. For example:

Would you rather be invisible or read other people's minds?

Would you rather reduce poverty or reduce crime?

You can ask participants what they chose, why they chose that specific option and what matters to them more?

This can build a foundation on which you can introduce the topic of values. Depending on the language level of the group, introduce the concept of cultural heritage and open up a discussion about how heritage and values are linked, based on the elements chosen for the questions.